

Man's Aran Sweater

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Where 3 alternative figures are given the 1st is for the smallest size. Figures in brackets are for the larger sizes.

Materials

32 [35 : 38] ounces of Sirdar Sportswool,
1 pair each No. 8 and No. 10 knitting
needles and a cable needle.

Measurements

To fit, 38 [40 : 42] inch chest.
Length, 26 [26½ : 27] inches.
Sleeve seam, 19 inches.

Tension

5 stitches to 1 inch over double moss stitch.

Note

The background of the work is in double moss stitch (termed d.m.-st), worked thus: 1st and 4th Rows: K1, (p1, k1) to end. 2nd and 3rd Rows: P1, (k1, p1) to end.

The Back

Cast on 128 [138 : 138] sts with No. 10 needles.

1ST ROW. K1, (k1 b, p1, k1 b, k1 b, p1) to last 2 sts, k1 b, k1.

2ND ROW. K1, (p1 b, k1, p1 b, p1 b, k1) to last 2 sts, p1 b, k1.

Rep these 2 rows 5 times more, dec at both ends of last row for 40 inch size, inc at both ends of last row for 42 inch size. 128 [136 : 140] sts. Change to No. 8 needles and patt.

1ST ROW. K1, (p1, k1) 4 [6 : 7] times, p5, cross 4 sts at back knitwise, thus: place next 2 sts on cable needle and leave at back, k2, then k2 from cable needle, (this will now be termed cr.4 b.k.), p5, (k1, p1) 4 times, k1, * p1, k11, p6, cr.4 b.k., (p8, cr.4 b.k.) twice, p6, k11, p1, ** k1, (p1, k1) 4 times, p5, cr.4 b.k., p5, (k1, p1) 4 [6 : 7] times, k1.

2ND ROW. P1, (k1, p1) 4 [6 : 7] times, k5, p4, k5, (p1, k1) 4 times, p1, * k1, p11, k6, (p4, k8) twice, p4, k6, p11, k1, ** p1,

(k1, p1) 4 times, k5, p4, k5, (p1, k1) 4 [6 : 7] times, p1.

3RD ROW. P1, (k1, p1) 4 [6 : 7] times, p3, cross 4 sts at back thus: place next 2 sts on cable needle and leave at back, k2, then p2 from cable needle, (this will now be termed cr.4 b), cross 4 sts at front thus: place next 2 sts on cable needle and leave at front, p2, then k2 from cable needle, (this will now be termed cr.4 f), p3, (p1, k1) 4 times, p1, * p1, cable 11 thus: place next 2 sts on cable needle and leave at front, k3, then k2 from cable needle, k1, place next 3 sts on cable needle and leave at back, k2, then k3 from cable needle, (this will now be termed C.11), (p4, cr.4 b, cr.4 f) 3 times, p4, C.11, p1, ** p1, (k1, p1) 4 times, p3, cr.4 b, cr.4 f, p3, (p1, k1) 4 [6 : 7] times, p1.

4TH ROW. K1, (p1, k1) 4 [6 : 7] times, k3, p2, k4, p2, k3, (k1, p1) 4 times, k1, * k1, p11, k4, (p2, k4) 6 times, p11, k1, ** k1, (p1, k1) 4 times, k3, p2, k4, p2, k3 (k1, p1) 4 [6 : 7] times, k1.

5TH ROW. D.m.-st 9 [13 : 15] as set, p1, cr.4 b, p4, cr.4 f, p1, d.m.-st 9, * p1, k11, p2, (cr.4 b, p4, cr.4 f) 3 times, p2, k11, p1, ** d.m.-st 9, p1, cr.4 b, p4, cr.4 f, p1, d.m.-st 9 [13 : 15].

6TH ROW. D.m.-st 9 [13 : 15], k1, p2, k8, p2, k1, d.m.-st 9, * k1, p11, k2, p2, (k8, p4) twice, k8, p2, k2, p11, k1, ** d.m.-st 9, k1, p2, k8, p2, k1, d.m.-st 9 [13 : 15].

7TH ROW. D.m.-st 9 [13 : 15], p1, k2, p8, k2, p1, d.m.-st 9, * p1, k11, p2, k2, (p8, cr.4 b.k.) twice, p8, k2, p2, k11, p1, ** d.m.-st 9, p1, k2, p8, k2, p1, d.m.-st 9 [13 : 15].

8TH ROW. As 6th, but keeping continuity of 4-row d.m.-st patt. correct.

9TH ROW. D.m.-st 9 [13 : 15], p1, cr.4 f, p4, cr.4 b, p1, d.m.-st 9, * p1, C.11, p2, (cr.4 f, p4, cr.4 b) 3 times, p2, C.11, p1, ** d.m.-st 9, p1, cr.4 f, p4, cr.4 b, p1, d.m.-st 9 [13 : 15].

10TH ROW. As 4th.

11TH ROW. D.m.-st 9 [13 : 15], p3, cr.4 f, cr.4 b, p3, d.m.-st 9, * p1, k11, p4, (cr.4 f, cr.4 b, p4) 3 times, k11, p1, ** d.m.-st 9, p3, cr.4 f, cr.4 b, p3, d.m.-st 9 [13 : 15].

12TH ROW. As 2nd.

These 12 rows form the patt. Proceed until work measures 16½ inches, ending after a wrong side row.

Shape Armholes

Cast off 4 [5 : 5] sts at beg of next 2 rows.
Dec at both ends of every alternate row until 116 [118 : 118] sts remain. Now dec at both ends of next 2 rows, then work 1 row without shaping. Rep these 3 rows until 36 [38 : 38] sts remain. Break wool and leave sts on a spare needle.

The Front

Work as Back until 68 [70 : 70] sts remain during armhole shaping, finishing after a wrong side row. Dec at both ends of next 2 rows. 64 [66 : 66] sts.

Shape Neck

Work 26 sts, turn, leaving remaining sts unworked. Proceeding on this set of sts for left side of neck, dec at both ends of next 2 rows, then work 1 row without shaping. Rep these 3 rows 4 times more. (6 sts). Working neck edge straight, continue armhole shaping as before for a further 6 rows. K2 tog. Fasten off.

Place central 12 [14 : 14] sts on a safety pin. Rejoin wool to remaining sts and complete right side of neck to correspond with 1st reversing shapings.

The Sleeves (alike)

Cast on 53 [53 : 58] sts with No. 10 needles. Work 11 rows rib as for lower edge. Next Row: P1 [1 : 5], * p2, inc in next st, rep from * to last 1 [1 : 5] sts, p to end, 70 [70 : 74] sts. Change to No. 8 needles. Work 6 rows, having 3 [3 : 5] sts each end of needle in d.m.-st, and central 64 sts in patt. as Back from * to **. Working extra sts in d.m.-st, inc at both ends of next and every 6th row following

until there are 96 [102 : 106] sts. Proceed to 19 inches, ending after a wrong side row.

Shape Top

Cast off 4 [5 : 5] sts at beg of next 2 rows. Proceed thus:

1ST ROW. K3, p2 tog, work to last 5 sts, p2 tog, k3.

2ND ROW. K1, p2, k1, work to last 4 sts, k1, p2, k1.

3RD ROW. K3, p1, work to last 4 sts, p1, k3.

4TH ROW. K1, p2, k2 tog, work to last 5 sts, k2 tog, p2, k1.

5TH ROW. As 3rd.

6TH ROW. As 2nd.

Rep these 6 rows twice. 76 [80 : 84] sts. Now rep 1st and 2nd rows until 46 sts remain. Shaping within borders as on 1st and 4th rows, dec at both ends of every row until 10 sts remain. Break wool and leave sts on a spare needle.

The Neckband

Join both right raglan seams and left front raglan seam. With wrong side of work facing, with No. 10 needles, work sts of back neck, inc at both ends for 40 and 42 inch sizes, work sts of right sleeve, pick up and k21 along right front neck, work sts of centre front, pick up and k22 [21 : 21] along left front neck and work sts of left sleeve. 111 [116 : 116] sts. Proceed thus:

1ST ROW. (Wrong side of neckband). P1 b, (k1, p1 b, p1 b, k1, p1 b) to end.

2ND ROW. K1 b, (p1, k1 b, k1 b, p1, k1 b) to end.

Rep these 2 rows for 2½ inches. Cast off loosely.

To Make up

Press under a damp cloth, omitting ribbing. Join left back raglan seam and seam of neckband. Turn neckband to right side for 1½ inches and hem. Join side and sleeve seams. Press seams.